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# PRAYERS

## **5:00 AM OR UPON WAKING:**

Psalm 46:10a KJV

"Be still, and know that I am God."

## **7:00 AM OR UPON LEAVING FOR THE DAY:**

Isaiah 6:8 ESV

"Here I am! Send me."

## **9:00 AM OR UPON ARRIVING AT WORK:**

Matthew 6:10 KJV

"Thy kingdom come, Thy will be done in earth, as it is in heaven."

## **11:00 AM OR DURING YOUR DAY:**

Philippians 4:4 ESV

"Rejoice in the Lord always; again I will say, rejoice."

## **1:00 PM OR AT LUNCH:**

Psalm 23 NLT

"The Lord is my shepherd;

I have all that I need."

## **3:00 PM OR AN AFTERNOON REMINDER:**

Psalm 46:1 NIV

"God is (my) our refuge and strength,  
an ever-present help in trouble."

## **5:00 PM OR AT DINNER FOR PRAYERFUL CONVERSATION:**

1 Thessalonians 5:18 KJV

"In every thing give thanks: for this is the will of God in  
Christ Jesus concerning you."

## **A BLESSING OVER MY FAMILY AT BED TIME:**

Numbers 6:24-26

"The Lord bless you

and keep you;

the Lord make his face shine on you

and be gracious to you;

the Lord turn his face toward you

and give you peace."

## **AT NIGHT OR BEFORE GOING TO SLEEP:**

1 Samuel 3:10b NIV

"Speak, for your servant is listening."

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